

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-866-514-5916 or visit optimahealth.com and sign into the Member Portal. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call 1-866-514-5916 to request a copy.

Important Questions	Answers	Why This Matters			
What is the overall deductible?	\$0	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .			
Are there services covered before you meet your deductible?	No.	This <u>plan</u> covers items and services even if you haven't yet met the <u>deductible</u> amount.			
Are there other deductible for specific services?		You don't have to meet <u>deductible</u> s for specific <u>services</u> .			
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Not Applicable.	This <u>plan</u> does not have an <u>out-of-pocket limit</u> .			
What is not included in the out-of-pocket limit?	Not Applicable.	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.			
Will you pay less if you use a network provider?  Yes. See <a href="http://www.optimahealth.com">http://www.optimahealth.com</a> or call 1-866-514-5916.		You pay the least if you use a <u>provider</u> in Tier 1. You pay more if you use a <u>provider</u> in Tier 2. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.			
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.			

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

	What You Will Pay					
Common Medical Event	Services You May Need	In-Network Tier 1 (You will pay the least)			Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	If an <u>out-of-network provider</u> charges more than the <u>allowed amount</u> , you may have to pay the difference ( <u>balance-billing</u> ).	
If you visit a health care provider's office or clinic	Specialist visit	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	If an <u>out-of-network provider</u> charges more than the <u>allowed amount</u> , you may have to pay the difference ( <u>balance-billing</u> ).	
or climic	Preventive care/ screening/ immunization	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	You may have to pay for services that aren't <u>preventive</u> .  Ask your <u>provider</u> if the services you need are <u>preventive</u> .  Then check what your <u>plan</u> will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	If an <u>out-of-network provider</u> charges more than the <u>allowed amount</u> , you may have to pay the difference ( <u>balance-billing</u> ).	
ii you nave a test	Imaging (CT/PET scans, MRIs)	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	<u>Pre-authorization</u> required. If an <u>out-of-network provider</u> charges more than the <u>allowed amount</u> , you may have to pay the difference ( <u>balance-billing</u> ).	
If you need drugs to treat your illness or	Preferred generic drugs (Tier 1)	No charge, deductible does not apply retail No charge mail order	No charge, deductible does not apply retail No charge mail order	Not covered retail Not covered mail order	Coverage is limited to FDA-approved <u>prescription drugs</u> .  One <u>copayment</u> or <u>coinsurance</u> amount covers up to a 30-day supply; two <u>copayments</u> or <u>coinsurance</u> amounts cover	
condition More information about prescription drug coverage is available at	Preferred brand & other generic drugs (Tier 2)	No charge, deductible does not apply retail No charge mail order	No charge, deductible does not apply retail No charge mail order	Not covered retail Not covered mail order	a 31- to 60-day supply; and three copayments or coinsurance amounts cover a 61- to 90-day supply (retail). Some outpatient prescription drugs in Tier 1, Tier 2, and Tier 3 are available in a 90-day supply through mail order. Tier 4 Specialty Drugs are only available from a Plan Specialty Pharmacy and are limited to a 30-day supply	
optimahealth.com.	Non-Preferred brand drugs (Tier 3)	No charge, deductible does not apply retail	No charge, deductible does not apply retail	Not covered retail Not covered mail order	(retail and mail order).	

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="https://apps.optimahealth.com/Public/OHBRFileManager/DownloadFile.aspx?filePath=%2Fpresales%2F2023%2FEOCCOI-For-SBC%2F2023\_IP\_20507VA141002502.pdf">https://apps.optimahealth.com/Public/OHBRFileManager/DownloadFile.aspx?filePath=%2Fpresales%2F2023%2FEOCCOI-For-SBC%2F2023\_IP\_20507VA141002502.pdf</a>

			What You Will Pay		
Common Medical Event	Services You May Need	In-Network Tier 1 (You will pay the least)	In-Network Tier 2 (You will pay less)	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
		No charge mail order	No charge mail order		
	Specialty drugs (Tier 4)	No charge, deductible does not apply retail	No charge, deductible does not apply retail	Not covered retail	
If you have	Facility fee (e.g., ambulatory surgery center)	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	<u>Pre-authorization</u> required. If an <u>out-of-network provider</u> charges more than the <u>allowed amount</u> , you may have to pay the difference ( <u>balance-billing</u> ).
outpatient surgery	Physician/surgeon fees	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	If an <u>out-of-network provider</u> charges more than the <u>allowed amount</u> , you may have to pay the difference ( <u>balance-billing</u> ).
	Emergency room care	No charge, deductible does not apply	No charge, deductible does not apply	No charge, deductible does not apply	If an <u>out-of-network provider</u> charges more than the <u>allowed amount</u> , you may have to pay the difference ( <u>balance-billing</u> ).
If you need immediate medical attention	Emergency medical transportation	Non-emergency services: No charge, deductible does not apply Emergency services: No charge, deductible does not apply	Non-emergency services: No charge, deductible does not apply Emergency services: No charge, deductible does not apply	Non-emergency services: Not covered Emergency services: No charge, deductible does not apply	Pre-authorization required for non-emergent transport. If an out-of-network provider charges more than the allowed amount, you may have to pay the difference (balance-billing).
	Urgent care	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	If an <u>out-of-network provider</u> charges more than the <u>allowed amount</u> , you may have to pay the difference ( <u>balance-billing</u> ).
If you have a	Facility fee (e.g., hospital room)	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	<u>Pre-authorization</u> required. If an <u>out-of-network provider</u> charges more than the <u>allowed amount</u> , you may have to pay the difference ( <u>balance-billing</u> ).
hospital stay	Physician/surgeon fees	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	If an <u>out-of-network provider</u> charges more than the <u>allowed amount</u> , you may have to pay the difference ( <u>balance-billing</u> ).

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		What You Will Pay				
Common Medical Event	Services You May Need	In-Network Tier 1 (You will pay the least)	In-Network Tier 2 (You will pay less)	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need mental health, behavioral health, or substance abuse	Outpatient services	Office visits: No charge, deductible does not apply Other visits: No charge, deductible does not apply	Office visits: No charge, deductible does not apply Other visits: No charge, deductible does not apply	Office visits: Not covered Other visits: Not covered	Pre-authorization required for partial hospitalization, intensive outpatient program, electro-convulsive therapy, and Transcranial Magnetic Stimulation. If an out-of-network provider charges more than the allowed amount, you may have to pay the difference (balance-billing).	
services	Inpatient services	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	Pre-authorization required for all inpatient services. If an out-of-network provider charges more than the allowed amount, you may have to pay the difference (balance-billing).	
	Office visits	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	Pre-authorization required for prenatal services. Cost	
If you are pregnant	Childbirth/delivery professional services	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	sharing does not apply to certain preventive services.  Maternity care may include tests and services described elsewhere in this SBC (i.e. ultrasound). If an out-of-network provider charges more than the allowed amount, you may	
	Childbirth/delivery facility services	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	have to pay the difference (balance-billing).	
	Home health care	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	Pre-authorization required. 100 visits/year. If an out-of-network provider charges more than the allowed amount, you may have to pay the difference (balance-billing).	
If you need help recovering or have other special health needs	Rehabilitation services	Rehabilitative PT/OT: No charge, deductible does not apply Rehabilitative Speech Therapy: No charge, deductible does not apply	Rehabilitative PT/OT: No charge, deductible does not apply Rehabilitative Speech Therapy: No charge, deductible does not apply	Rehabilitative PT/OT: Not covered Rehabilitative Speech Therapy: Not covered Other Services: Not covered	Pre-authorization required. 30 visits/plan year for PT, OT. 30 visits/plan year for ST. If an out-of-network provider charges more than the allowed amount, you may have to pay the difference (balance-billing).	

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			What You Will Pay		Limitations, Exceptions, & Other Important Information	
Common Medical Event	Services You May Need	In-Network Tier 1 (You will pay the least)	In-Network Tier 2 (You will pay less)	Out-of-Network (You will pay the most)		
		Other Services: No charge, deductible does not apply	Other Services: No charge, deductible does not apply			
	Habilitation services	Habilitative PT/OT: No charge, deductible does not apply Habilitative Speech Therapy: No charge, deductible does not apply Other Services: No charge, deductible does not apply	Habilitative PT/OT: No charge, deductible does not apply Habilitative Speech Therapy: No charge, deductible does not apply Other Services: No charge, deductible does not apply	Habilitative PT/OT: Not covered Habilitative Speech Therapy: Not covered Other Services: Not covered	Pre-authorization required. 30 visits/plan year for PT, OT. 30 visits/plan year for ST. If an out-of-network provider charges more than the allowed amount, you may have to pay the difference (balance-billing).	
	Skilled nursing care	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	Pre-authorization required. 100 days/stay. If an out-of-network provider charges more than the allowed amount, you may have to pay the difference (balance-billing).	
	Durable medical equipment	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	Pre-authorization required for single items over \$750, all rental items, and repair and replacement. If an out-of-network provider charges more than the allowed amount, you may have to pay the difference (balance-billing).	
	Hospice services	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	<u>Pre-authorization</u> required. If an <u>out-of-network provider</u> charges more than the <u>allowed amount</u> , you may have to pay the difference ( <u>balance-billing</u> ).	
If your child needs dental or eye care	Children's eye exam	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	Coverage limited to one exam/ <u>plan</u> year from participating VSP <u>providers</u> . If an <u>out-of-network provider</u> charges more than the <u>allowed amount</u> , you may have to pay the difference ( <u>balance-billing</u> ).	

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	Services You May Need	What You Will Pay				
Common Medical Event		In-Network Tier 1 (You will pay the least)		Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Informatio	
	Children's glasses	No charge, deductible does not apply	No charge, deductible does not apply	Not covered	Coverage limited to one pair/ <u>plan</u> year from participating VSP <u>providers</u> . If an <u>out-of-network provider</u> charges more than the <u>allowed amount</u> , you may have to pay the difference ( <u>balance-billing</u> ).	
	Children's dental check-up	Not covered	Not covered	Not covered	None.	

#### **Excluded Services & Other Covered Services:**

### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (except in cases of rape, incest, or when
   Dental Care (Adult) the life of the mother is endangered)
- Acupuncture
- Bariatric Surgery
- Cosmetic Surgery

- Dental Care (Pediatric)
- Hearing aids
- Long-term care

- Non-emergency care when traveling outside the U.S.
- Routine eye care (Adult)
- Routine foot care unless medically necessary
- Weight Loss Programs

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

• Chiropractic Care Infertility Treatment Private-duty nursing

# **Your Rights to Continue Coverage:**

For more information on your rights to continue coverage, contact the plan at 1-866-514-5916. There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is your state insurance department at Bureau of Insurance at 1-877-310-6560 or bureauofinsurance@scc.virginia.gov; or www.HealthCare.gov at 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: member services at the number on the back of your member ID card. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform; or your state department of insurance at the Virginia State Corporation Commission, Life & Health Division, Bureau of Insurance, P.O. Box 1157, Richmond, VA, 23218, 1-877-310-6560 or bureauofinsurance@scc.virginia.gov.

Additionally, a consumer assistance program can help you file your appeal. Contact the Virginia State Corporation Commission, Life & Health Division, Bureau of Insurance, P.O. Box 1157, Richmond, VA, 23218, 1-877-310-6560, or bureauofinsurance@scc.virginia.gov.

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#### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

# **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-687-6260.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-687-6260.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-855-687-6260.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-855-687-6260.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

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# **About these Coverage Examples:**



The total Peg would pay is

This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a B (9 months of in-network pre-natal condelivery)		Managing Joe's type 2 (a year of routine in-network care of condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)				
<ul> <li>The plan's overall deductible</li> <li>Specialist copayment</li> <li>Hospital (facility) copayment</li> <li>Other copayment</li> <li>\$0</li> </ul>		■ The plan's overall deductible \$0 ■ Specialist copayment \$0 ■ Hospital (facility) copayment \$0 ■ Other copayment \$0		■ The plan's overall deductible ■ Specialist copayment ■ Hospital (facility) copayment ■ Other copayment  \$6				
This EXAMPLE event includes se Specialist office visits (prenatal care Childbirth/Delivery Professional Ser Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and bl Specialist visit (anesthesia)	) vices	This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)		This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)				
Total Example Cost \$12,700		Total Example Cost	\$5,600	Total Example Cost	\$2,800			
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:				
Cost Sharing		Cost Sharing		Cost Sharing				
Deductibles	\$0	Deductibles	\$0	Deductibles	\$0			
Copayments	\$0	Copayments	\$0	Copayments	\$0			
Coinsurance	\$0	Coinsurance \$0		Coinsurance	\$0			
What isn't covered	1	What isn't covered	1	What isn't covered				
Limits or exclusions	\$0	Limits or exclusions	\$0	Limits or exclusions	\$0			

The total Joe would pay is

\$0

The total Mia would pay is